

People have challenges.

We have solutions.

Find out how we can help

www.cignabehavioral.com

contactcbh@cignabehavioral.com

1.800.637.1257

**Work and life connect.**

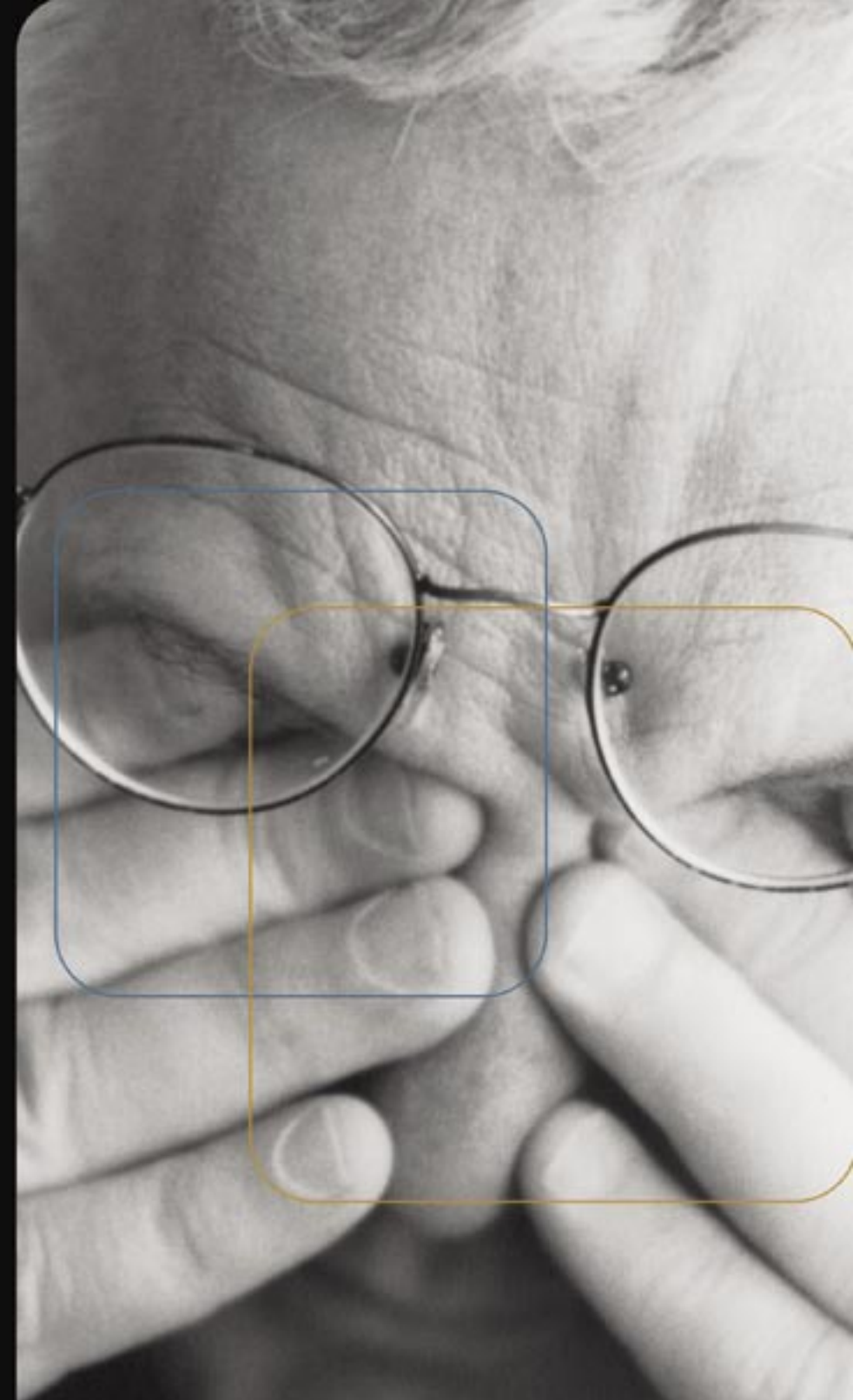
Medical conditions don't just affect people physically. Challenges at work don't just impact individual performance. Understanding these connections could be the best thing you do for your business.

Behavioral health focuses on the sources of medical, emotional and workplace challenges – not just on the diagnosis. And it's just this kind of focus that can help keep your workforce and your bottom line healthy.

CIGNA Behavioral Health offers a full range of Employee Assistance, Work Life, Mental Health and Substance Abuse, Disability and Lifestyle and Disease Management solutions that increase morale, productivity and overall health and wellness. Care Advocacy is the heart of our success. This integrated approach helps us keep costs down and quality of life up. It helps us unite the people and resources that support quality and personalized care.

For over 30 years, we have been passionate about helping people. We have built a reputation of excellence and value, and would like to put that to work for your business.

**Find out what a difference our solutions can make at work and in life ... because it's all connected.**



**"Depression results in more days of disability than chronic health conditions such as heart disease, hypertension and diabetes."**

(source: INCA, 2004)

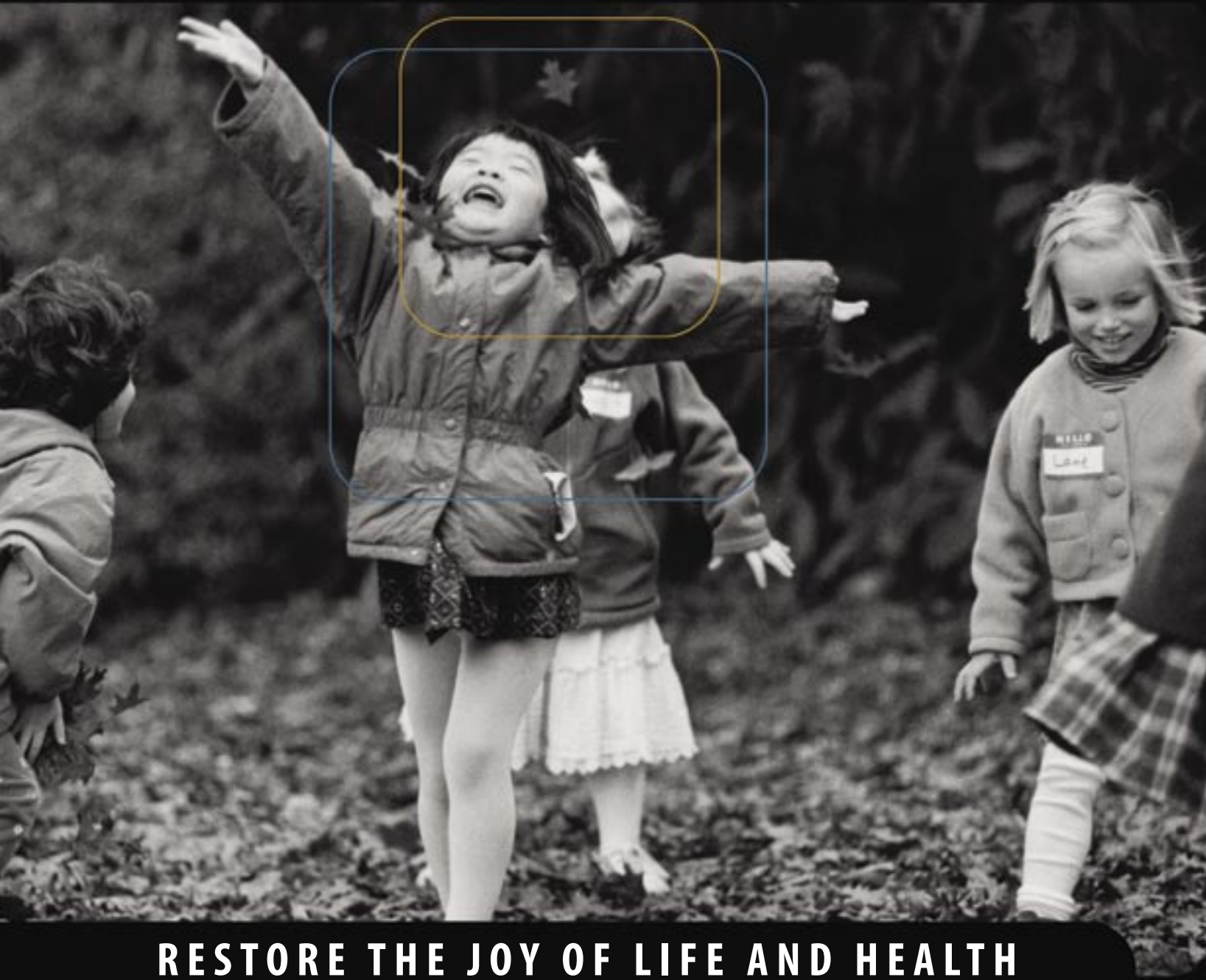


**SOLUTIONS FOR WORK AND LIFE**



CIGNA Behavioral Health™ is a registered service mark and refers to various operating subsidiaries of CIGNA Corporation. Products and services are provided by these operating subsidiaries and not by CIGNA Corporation.

catalog number - xxx-xxxxxx (print month/year) © 2006 CIGNA



**RESTORE THE JOY OF LIFE AND HEALTH**

**Every member is our only member.**

**That's our mindset.**

**It's the way we do business.**

Every member is unique. That's why we take the time to listen - and to care. We help members make educated choices and find personalized resources to support healthier, more balanced lives. We provide ongoing education so our services are easy to understand - and easy to access. After all, our members shouldn't have to focus on their benefits, just on their health.

**Every customer is our only customer.**

**That's our mindset.**

**It's the way we do business.**

We understand that every organization is different - every need is different. That's why we've become experts at implementing integrated and flexible solutions. We collaborate with customers to help turn workforces into stronger competitive assets and pride ourselves on delivering results. Best of all, having us as an extension of the team makes our customers' jobs easier.

**Find out how our distinctive solutions can work for you.**



**CIGNA Behavioral Health**  
*A Business of Caring.*

